



**THOMAS**  
NUTRITION & DIABETES

## **How To Verify Insurance for Medical Nutrition Therapy**

### **Who To Call:**

Call the customer service/member services number on the back of your insurance card.

### **When you reach a representative be sure to write down:**

Representative Name: \_\_\_\_\_

Date: \_\_\_\_\_

Reference Number: \_\_\_\_\_

### **Questions to ask the representative:**

1. Is nutrition counseling covered, specifically CPT codes 97802 and 97803. (Yes/No)

2. Is diagnosis code Z71.3 covered, and is it covered as preventative? (Yes/No)

3. Do I need a referral or prior authorization? (Yes/No)

4. Is nutrition counseling covered when provided via telehealth? (Yes/No)

5. How many visits are covered? \_\_\_\_\_

6. Do I have a deductible to meet before insurance pays? (Yes/No)

If so, is the deductible waived for preventative nutrition therapy? (Yes/No)

7. Will I have a co-pay or coinsurance? (Yes/No).

If yes, how much? \_\_\_\_\_

*Reminder: Your insurance coverage is an agreement between you and your insurance company. Therefore, we are unable to guarantee your coverage.*